



. Celebrating 25 years and still growing

ACTIVITY NEWS BLAST

OCTOBER 16, 2023

To all those who have returned or are returning this week



On that note...for anyone returning to the park whether seasonal or annual please check in with the park office to let them know you're on the property, a phone call or email will work.

A HUGE shout-out to JOYCE JONES for managing and scheduling activities, and all those who coordinated pot-lucks, and other forms of activities and entertainment through-out the long hot summer; To All of you....Thank you for being part of the Sundance1 community.

We are looking forward to another fun filled season! We encourage you to check in with the Activity office and to attend the Tuesday morning Round Up meetings at 8:30 am to stay up to date on all of the exciting events that are happening here at Sundance, come early for donuts and coffee.

We have many returning staff as well as new members to the Sundance family. We would like to give a shout-out to all of our staff that help keep Sundance the amazing place that it is. If you run into them during the course of the day, be sure to say "Hi".

- **Managers:** Brian and Wendy McGeorge
- **Assistant Managers:** Barbara and David Osborn
- **Host:** Jim Dover, Steve Lindsey and Gary Oltmanns
- **Maintenance:** Jon Pokrandt, Dan Yanna, Daryl Clark
- **Landscape:** Ricky Corona, Marcelino Roman and Bill Rentmeister
- **Clean Team:** Rich Wyer, Jim & Barb Underly, Angela & Aaron Fonte, Lester Staley, Melinda Cranston
- **Guest Services:** Michelle Fine, Cindy Hardy, Ronda Dover, Linda Lindsey, Shell\y Boyd Darlene Clark and Reina Nelson. (AKA-The Sunflower Girls)
- **Activity Team:** Glenda Pokrandt, Karen Belair, Janis Ingram and Linda Starr, Jeff & Kimberly Walker, Deb Salta & Les Herbert.
- **Park Ranger:** Sandy Fisher
- **Pool Guy and Laundry Room Master:** Larry Dew and Kevin Root
- **Mail Room:** Gary Starr and Rick Brittain
- **Gate Greeters:** Mike Hardy & Nancy Hartzell

- **Kitchen:** Will not be open this year except for special events as scheduled.

The **Town Council** is in place and waiting to hear from you before their first meeting on November 8th. The Sundance1 Town Council acts as a liaison between residents and park management. Each member is elected to a two-year term. Fill out a comment form located in the Activities Office with your concerns, suggestions and accolades for those around you. The members will take those to their monthly meeting with park management where they discuss ways to make the park a better place for all.

Your representatives for the 2023-24 season are

Carol Berg **Jim Burrell** **Terry Johnson**
George Jueckstock **Marcus Pederson** **Kathy Runger**

Attention Everyone



Important information

OFFICE HOURS:

- Main Office 9:00 am to 3:00 PM
- Mail Room : 9 am to 2:00 PM Monday – Friday
- Activities Office: 8:30 am to 4:30 PM M-F and Saturdays 10 – 2 PM
Please plan ahead, the Activities ofc. does not open on Tuesday morning until after the Round-up meeting at 9 am
- **Call CGPD for suspicious activity 520.421.8700. 911 is for medical and fire emergencies**
- Sundance Main Office 520-426-9662 (Non-business hours calls will transfer to Answering Service and forward appropriately to Park Manager.)
- APS (Arizona Public Service) 1-800-240-2014
- City of Casa Grande 520-421-8600
- Aire Beam 520-510-0909
- Your grown children & grandchildren 1-800-Call-Mom1



ABIDE BY THE PARK SPEED LIMIT IT APPLIES TO ALL VEHICLES, BIKES,

SCOOTERS, and GOLF CARTS---



and PLEASE at all signs. Slow down enjoy life, and let the good times roll.

If you are out and about in the park at night or early morning, please make sure that your golf cart and bicycles are properly lit. Walkers, please carry a flashlight so you can be seen in the dark.

While using the pools please remember...

- Cover-ups are required for both women and men when you are outside of the fenced pool areas.

- Make sure you towel off before leaving the pool so your drips don't create a fall hazard.
- Don't enter any room or building with wet swim attire, Yes, someone has done that 😊
- Remember that pool shoes are fine in the pool, but shouldn't be worn as street shoes. By wearing pool shoes to and from the pools, the debris that is on the bottom of the shoes will end up in our sparkling pools and could possibly damage the filtering equipment.
- Shower and rinse off body oils and soap residue before entering the pool – both pools have outdoor showers, (Not to be used for personal hygiene – yes, we've seen that too!) 😊 😊
- Bathing attire needs to be thoroughly rinsed well after being washed as soap will collect in the fabric and will end up in the pool and especially in the hot tubs. (HMMM didn't know this....) This in turn requires additional maintenance to the hot tub.
- No glass containers in or around the fenced area of patio, pool deck or hot tub
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We have an **ICE MACHINE** and A **CHANGE MACHINE** for your convenience. The Ice Machine is located in the hallway between the laundry room and the Hole in the Wall. The change machine is located in the laundry room at Sundance1. **(It doesn't take \$20 bills)**

The washing machines in the Laundry room are HE models which require only a ¼ cup of liquid soap. If you use any more than that the soap will not get rinsed completely from clothes or it will cause the soap to spill out of the front of the washer onto to the floor causing a fall hazard. Pods should be placed directly into the tub. We also have a large capacity commercial washer now to wash your large item comforters. The price of washers and dryers was recently increased to \$2.00/load.

We are thrilled to see so many new faces in the park and excited to see all our returning guests too! With all the new guests and returning residents, please wear your name badge while in the park, we know it sounds trivial.....BUT.....

****It helps us identify you** in the event of a medical emergency due to fall or injury. (Not many of us walk around with our ID in the park) *Speaking of emergency contacts....have you updated your emergency info with the Main office?*

**** For security reasons,** it helps us identify our Sundance Residents

**** Your badge is required to participate** in any of our activities/activity rooms, (I'm afraid you won't be able to play bingo, enjoy ceramics, lapidary, stained glass, the sewing room or the computer room without it, what about the art barn, gourds, exercise rooms and billiards?) Oh my!

****And last but not least,** I don't know about you but **I can't remember a name** past the first 5 seconds of meeting you, and we meet so many new faces every day. Please save each other from that embarrassing statement "I'm sorry I forgot your name!" 😊.

The Park is a fragrance free Park..What are you allergic to? If nothing congratulations! However, if you have allergies, you know how bad they can make you feel! As we all get older our sense of smell is greatly affected especially by things that we all used to love. Remember how romantic aftershave on your man or perfume on your lady made you feel? WELL not anymore. Many of us in the park get headaches (yes actual ones) or WORSE from the chemicals in the perfumes, lotions, soaps, etc. We also are affected by any fragrances, even from flowers! Please, if coming to any public room, do not use scented lotions, aftershave, perfumes etc. as you never know when you'll be asked to kindly wash it off. We love you but your fragrant smell is killing us! Remember if you have used it for a long time, you can't smell it on yourself but others can smell you as soon as you arrive and long after you are gone!



I know your anxious to get started this year in our craft rooms and various activities but Please be patient as we await the arrival of our monitors and coordinators. We will be continually updating the Daily/Weekly Activities and encourage you to check with the Activities office or room coordinators for the most current room schedules. Due to a lack of arriving monitors many areas will not be opening this week or will be open on a limited basis.



I WOULD LOVE TO HELP

PICK ME PICK ME

I'LL BE THERE

Through-out the year we will be looking for volunteers to help with a special events, planning, decorating, cooking/kitchen help, etc. We hope you'll consider helping, as the park continues to grow and expand and the age of our park residents has become broader and broader, so does the demand for more activities. It is difficult to please all levels and many faithful volunteers are ready to pass the reigns to someone with more energy new ideas. Sometimes we need all the help we can get. Will you be the one to help make it happen?

Check in with Activities.

NEED MONITORS/COORDINATORS..

Sign up in Activities or speak to the room coordinators

Ceramics

Stained Glass

Lapidary

Computer Room

Gourd Shop

Golf Scramble needs a new coordinator, talk to Pat Hirsch upon her return. She is willing to train you.

Bingo Coordinator will be having an organizational meeting on Oct 23rd at 3 pm in the HR for those of you interested in helping out on one of our parks most popular events.

Are you creative, have experience building a float? We will be looking for help with the Christmas float this year.

Activities will be scoping out ideas and making arrangements for your favorite Tag Alongs and entertainment. If you have ideas, or games that you want to introduce to the community, stop in at Activities and let us know!

Some exciting things on the entertainment calendar include:

The Campbells Band Entertainment by George JohnnyK Jammers productions Rolling Bones
Sierra Sound Girls Next Door Steven Forrester (Ventriloquist/Gospel singer/Instrumentalist)
Classic Jukebox Last Train to Juarez

Working on your favorite trips to Barleens, Hale Theater, Shamrock Farms, the Goat farm, Olive Farm, Christmas Light Tour, Organ Stop Pizza.

In and around the park...Electric Light Float and Christmas Parade, Massages by Mandy, Blood Drives, Sky Med, Trusts & More with Jerry Jarvis, Country Store, Patio Sales, Activities Showcase, Paws and Claus, Senior Expo, holiday dinners, Happy Hours, and lots of potlucks. We hope you will join us and participate.

Let's look at some of our regularly scheduled activities:



- Senior Stretch Starts Walk Exercise HW Exercise Rooms (SD1 & SD 2)
- Or you can take a walk or bike ride around the perimeter of the park, I've been told it's approximately 2 miles.
- Not tired yet... try out the pickle ball courts, shuffle board, bocce ball, or RC race track in the SD2 Sports complex.
- Are you tired now? it's time to relax at one of the Pools or over a choice of many available table games and activities to include but not necessarily limited to:

• Billiards (SD1)	• Billiards RH (SD2)	• Five Crowns	• Bridge
• Bunco	• Cribbage	• Darts	• Dominoes (Mexican Train)
• Euchre	• Hand Foot & Toe	• Mah Jong	• Pegs & Jokers
• Ping Pong	• Poker	• Pinochle	• Samba
• Texas Hold-em	• Poker Tournament	• Bingo	

Let's focus on a few of our activity groups

ART BARN. - Welcome to a new season at the Art Barn. This is a place to explore your creativity with painting (i.e. watercolor, acrylic and oils), woodburning, and drawing. All skill levels are welcome in this supportive group. Please reference the activity office for schedules and activities. We are looking forward to seeing you this year. Your coordinators and instructors Nancy Bagley, Cheri O'Brien, Jan Farthing, Pam Pringle, & Tim Jones will be there to help you through your project.

BILLIARDS – Organized play every Monday, Wednesday & Friday 8:45 to 11:30. All skill levels, women and men are invited. For more information stop by the Billiards room and check us out or call Bud Drake @ 307-746-5416

CERAMICS – Come visit us in Ceramics this season! We have a lot of new supplies and greenware. There is a Monitor in the Shop to answer your questions or help with any needs you may have. We have the supplies available to start a project to finish your creation. We hope you will come and see us soon and show us your creative side. Ruthann Lindgren

COUNTRY STORE – We host our monthly craft show the first Friday of each month beginning Friday, Nov. 3rd at 9am – 12pm. We are anticipating 60 vendors and we encourage you to patronize these small businesses.

CRAFTY LADIES/CACTUS LADIES

When members were asked what Crafty Ladies is all about, they said: 'a fun time, mind expanding, entertaining, a break from the routine'. Crafty Ladies is more than that, it's a chance to work on a craft you love, a chance to get help on a stitch or instruction that's challenging you, a chance to learn something new and a chance to meet fellow crafters. If you like to Knit, Crochet or use a Crow hook, you are invited to join this group. We make hats, scarves and blankets to donate to local charities. We have easy patterns and donated yarn to share with you as you help make a difference in this community! And all are invited.

IT'S GOING AWAY.... The monthly **SMOKE SIGNAL** will no longer be written, published and/or printed the first of each month but will be replaced by the biweekly News Blasts published on Mondays and Thursdays. **All guests, Coordinators, and Groups are encouraged to submit news to the Activity office or email sundanceactivities@hotmail.com.** Each News Letter will highlight different Activity groups, as well as park happenings and schedules. A minimum number of News Blast will be placed in the Activities Office for pick-up. Current and past editions will be maintained in binders at the Ranch House and Activities Office for your review.

Happen'n this week.....

Mon, Oct 16	POOL1	Aquasize 7 - 8 am
Mon, Oct 16	THE BUTTES	Bunco 6 PM - 8 PM
Mon, Oct 16	HANG OUT ROOM	Crafty Ladies 1-3:30 PM
Mon, Oct 16	GAMBLING ROOM	Hand Foot & Toe 6:30-9:30 PM
Mon, Oct 16	POOL2	LAP SWIM 7- 9 AM
Mon, Oct 16	ART BARN	Open Media Painting 1-3 PM
Mon, Oct 16	HANG OUT ROOM	Ping Pong 7-8:30 PM
Mon, Oct 16	THE BUTTES	Walk Exercise 8-9 AM
Mon, Oct 16	HOLE IN THE WALL	Walk Exercise 9-10 am
Mon, Oct 16	POOL1	Water Exercise 9 - 10 am
Mon, Oct 16	POOL2	Water Walking 9 - 10 AM
Tue, Oct 17	POOL1	Aquasize 7 - 8 am
Tue, Oct 17	THE BUTTES	Beginner Line Dance 12:30 - 2 PM
Tue, Oct 17	HANG OUT ROOM	Darts 3:30 - 5:30 PM
Tue, Oct 17	ART BARN	Greeting Card Class 1-3 PM
Tue, Oct 17	HANG OUT ROOM	Hardanger Embroidery 1-3:00 PM
Tue, Oct 17	POOL2	LAP SWIM 7- 9 AM
Tue, Oct 17	GAMBLING ROOM	Pegs & Jokers 7-9:30 PM
Tue, Oct 17	GAMBLING ROOM	Pinochle 7-9 PM
Tue, Oct 17	HANG OUT ROOM	Poker Dealer's Choice 6-9 PM
Tue, Oct 17	HOLE IN THE WALL	Round-up Meeting 8:30 - 9:00 am
Tue, Oct 17	POOL1	Water Exercise 9 - 10 am

Tue, Oct 17	POOL2	Water Walking 9 - 10 AM
Tue, Oct 17	GAMBLING ROOM	Wood Carving 9:00 am - 12:00 PM
Wed, Oct 18	ART BARN	Acrylic Painting 9 am-3 PM
Wed, Oct 18	POOL1	Aquasize 7 - 8 am
Wed, Oct 18	POOL2	LAP SWIM 7- 9 AM
Wed, Oct 18	GAMBLING ROOM	Mah Jongg 1-3:30 PM
Wed, Oct 18	GAMBLING ROOM	Samba 6:30-9 PM
Wed, Oct 18	HOLE IN THE WALL	Walk Exercise 9-10 am
Wed, Oct 18	POOL1	Water Exercise 9 - 10 am
Wed, Oct 18	POOL2	Water VolleyBall 1 - 3 PM
Thu, Oct 19	POOL1	Aquasize 7 - 8 am
Thu, Oct 19	HANG OUT ROOM	Darts 3:30-5:30 PM
Thu, Oct 19	HOLE IN THE WALL	Dominos 7-9 PM
Thu, Oct 19	GAMBLING ROOM	Hand Foot & Toe 10 AM - 1 PM
Thu, Oct 19	POOL2	LAP SWIM 7- 9 AM
Thu, Oct 19	HOLE IN THE WALL	Line Dance 1:30 - 3:30 PM
Thu, Oct 19	ART BARN	Open Art 9 am-3 PM
Thu, Oct 19	GAMBLING ROOM	Pickleball Monthly Meeting 4-5 PM
Thu, Oct 19	HANG OUT ROOM	Poker Dealer's Choice 6-9 PM
Thu, Oct 19	HOLE IN THE WALL	Walk Exercise 9-10 am
Thu, Oct 19	POOL1	Water Exercise 9 - 10 am
Fri, Oct 20	POOL1	Aquasize 7 - 8 am
Fri, Oct 20	HANG OUT ROOM	Crafty Ladies 1-3:30 PM
Fri, Oct 20	ART BARN	Mandala Dot as scheduled
Fri, Oct 20	GAMBLING ROOM	Pegs & Jokers 7-9:30 PM
Fri, Oct 20	GAMBLING ROOM	Samba 1-4 PM
Fri, Oct 20	HOLE IN THE WALL	Walk Exercise 9-10 am
Fri, Oct 20	POOL1	Water Exercise 9 - 10 am
Fri, Oct 20	POOL2	Water VolleyBall 1 - 3 PM
Fri, Oct 20	GAMBLING ROOM	Wood Carving 9:00 am - 12:00 PM
Sat, Oct 21	THE BUTTES	Beginner Line Dance 9 - 10:30 AM
Sat, Oct 21	GAMBLING ROOM	Mah Jongg 1-3:30 PM
Sat, Oct 21	GAMBLING ROOM	Pinochle 7-9 PM
Sun, Oct 22	HOLE IN THE WALL	Dominos 7-9 PM

Sun, Oct 22

GAMBLING ROOM

Texas Hold'em \$2 Buy In 4-7PM

Sun, Oct 22

HANG OUT ROOM

Texas Hold'em 6-10 PM

