

**2022 -2023 Season
Daily/Weekly Activity Schedule**

ALL SCHEDULED TIMES AND DATES ARE BASED ON THE PRESENCE OF ROOM MONITORS, AND SUBJECT TO CHANGE

UPDATED: Jan 17, 2023	S	M	T	W	TH	F	S
Lap Swim		P2 7 - 9 a.m.	P2 7 - 9 a.m.	P2 7 - 9 a.m.	P2 7 - 9 a.m.	P2 7 - 9 a.m.	
Senior Stretch		HW 10:30 - 11:30 a.m.		HW 10:30 - 11:30 a.m.		HW 10:30 - 11:30 a.m.	
Walk Exercise		HW 9 - 10 a.m.		HW 9 - 10 a.m.	HW 9 - 10 a.m.	HW 9 - 10 a.m.	
Water Walking		P2 9 - 10 a.m.	P2 9 - 10 a.m.	P2 9 - 10 a.m.	P2 9 - 10 a.m.	P2 9 - 10 a.m.	
Water Aerobics		P1 8 - 9 a.m.		P1 8 - 9 a.m.		P1 8 - 9 a.m.	
Water Exercise		P1 9 - 10 a.m.	P1 9 - 10 a.m.	P1 9 - 10 a.m.	P1 9 - 10 a.m.	P1 9 - 10 a.m.	
Yin Yoga					HW 10:30 - 11 a.m.		
<i>Miscellaneous</i>							
Bible Study				HR 2- 3:30pm 1st W/mo 1 - 2:30 2nd, 3rd, 4th W			
Church Services Non-Denominational	HW 8:30 a.m.						
Country Store						HW 9 a.m. - 12 p.m. (1st Fri of the month)	
Computer Room		CR 9:00 - 12 p.m. 1 - 3:45 pm	CR 9:00 - 12 p.m. 1 - 3:45 pm	CR 9:00 - 12 p.m 1 - 3:45 Computer Meeting (1st Wed) HR 9 - 10 a.m.	CR 9:00 - 12 p.m. 1 - 3:45 pm	CR 9:00 - 12 p.m. 1 - 3:45 pm	
Neighborhood Watch							
Round-Up Meeting Singles Group - Sundance Solos			HW 8:30 - 9 a.m.		HR 1 - 2 p.m. (1st Th of the mo.)		
Town Council Meeting				RH 9-10:30 (2nd Wed of the mo.)			
Veterans Group		HR 10 - 11:30 a.m. 2nd M of month					
<i>Music</i>							
Jammers		HW 6:30 - 8:30 p.m.				HR 9 - 11 a.m. (Practice)	
Musical Review		HW 12 - 4 p.m.					
Trio Practice	HR 12 - 4 p.m						
<i>Sports & Outdoor Activities</i>				Visit the Activities Office to obtain a name badge Why wear a NAME BADGE?			
ATV Club		OS 8:30 a.m. Meet @ McDonald's in Florence		**It's help us identify you in the event of a medical emergency due to fall or injury. ** For security reasons, it helps us identify our Sundance Residence ** They are required to participate in any of our activities/activity rooms			
Bicycling					Sp 171 10 a.m.		
Bocce Ball	OPEN COURT	OPEN COURT	OPEN COURT	OPEN COURT	OPEN COURT	OPEN COURT	OPEN COURT
Golf Scramble	Sign-up sheets for Thursday Scramble are posted in Activities Ofc. on Monday morning for following week. Deadline to sign-up for current week play is 8:30 a.m.Monday. Team rosters for current week play posted on Mon afternoon.				OS 12:00 p.m. Dave White GC		
Hiking	LOOKING FOR A COORDINATOR Informational meeting Jan 18th in the HW			INTERESTED IN VOLUNTEERING?.....We rely on a wonderful group of volunteers who assist in overseeing rooms and events, teaching classes, and helping our Activities Team when asked to keep activities running smoothly. Check with the Activities ofc. for opportunities			
Motorcycle Enthusiasts				RH 10:00 a.m.			
Pickle Ball		PBC	PBC	GR 4 - 5:30 p.m. Happy Hour meeting (1st Wed ea month)	PBC	PBC	PBC
Shuffleboard		SB 9:30 am	SB 9:30 am SB 12:00 pm	SB 9:30 am	SB 12:00 pm	SB 9:30 am	
Softball	Schedules posted in Activities office on the softball clipboard --						
RC Racetrack		RCT 1:00 p.m.		RCT 1:00 p.m. 4 - 5:30 p.m. Happy Hour meeting (1st Wed ea month)		RCT 1:00 p.m.	
Water VolleyBall		P2 1 - 3 p.m.		P2 1 - 3 p.m.		P2 1 - 3 p.m.	
<i>Room Legend</i>							
Activities Office (ACT)	Art Barn	Exercise Rooms (SD 1 Pool area & SD 2 Sports Complex)	Hang-Out Room (HR)	Off Site (OS)	Pool 2 (Sundance2) (P2)	Sewing Room (SR)	
	Ceramics (CE)	Gambling Room (GR)	Hole In The Wall (HW)	Pickle Ball Courts (Sundance2 Sports Complex) (PBC)	Ranch House (RH)	Shuffle-Board Court (Sundance 2 Sports complex) (SB)	
	Computer Room (CR)	Gourd Shop (GS)	Lapidary (LA)	Pool 1 (Sundance1) (P1)	RC RaceTrack (Sundance 2 Sports Complex) (RCT)	Stained Glass (SG)	

Sign up for Sundance Email Notifications, News Blasts and Monthly Newsletter

Computer/Laptop:

#1 Search for Sundance 1 RV Resort website. #2 Click on Activities & Events tab. #3 Click on Activities. Scroll to the bottom of the page and enter your full email address. Click Subscribe.

#4 Message on page should say "You have successfully subscribed". #5 Check your email for a message from Word Press &/or Sundance (also check Junk or Spam folders). Open email to "Confirm Follow and press Submit".

You will then get an email from "Wordpress.com" for confirmation. It will say "Successfully updated your Subscription."